

Why Lindsay was RUSHED TO THE HOSPITAL!

Life & Style WEEKLY

ALL FOR
\$1.99

EXCLUSIVE PHOTOS!

Kissing Brad Goodbye?

Jen's night out with
another man. You'll
never guess who...

J.Lo's
new
passion

PLUS:
BANGLES
ARE HOT!

FEBRUARY 21, 2005 • \$1.99



QUICK CHECK

Even stars like J.Lo need to make sure everything's in place

Cleavage is flashy, it's sexy. It's the centerpiece of a lot of outfits, and can dress up or down a look

— Dr. Garth Fisher

How do they get that great cleavage?

In the midst of awards show season, everyone is flaunting daring décolletage

It comes as no surprise that Star Jones announced on *The View* on Jan. 27 that she'd like a breast-lift. Hollywood's busting out, and cleavage is the accessory of the second. "People who have it, like it. People who don't, usually want it," says *Extreme Makeover* plastic surgeon Dr.

Garth Fisher. "I think it's just a natural area for anyone to zoom in on." Or anything, like a camera. "Hollywood is a very competitive environment," he adds, "and if there is a scene where cleavage is shown, someone wants better cleavage than the next person."

Jessica Simpson



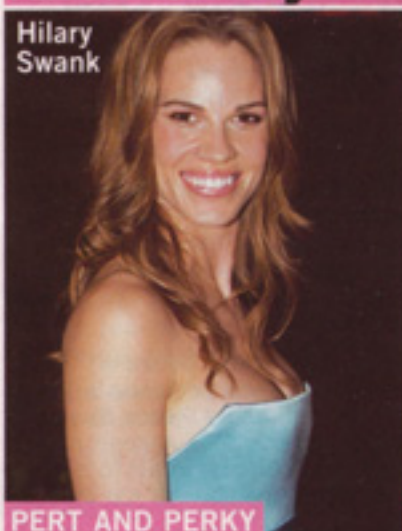
PERFECT PUSH-UP

Tyra Banks



CURVY CLEAVAGE

Hilary Swank



PERT AND PERKY

Penélope Cruz



GRAVITY DEFYING

Scarlett Johansson



NATURALLY BLESSED

Turn the page for more on breasts

OPPOSITE PAGE: GREGG DE SOTA/FWD/RETNA. THIS PAGE: CLOCKWISE FROM RIGHT: TODD WILLIAMSON/FILMMAGIC; DIMITRIOS KAMBOURIS/WIREIMAGE; KABBANI & SOLIMANI/WIREIMAGE; DENNIS VAN TINE/LPI; GABRIEL FLORES/CELEBRITYPHOTO.

Surgery secrets of



Carmen Electra

Carmen admits to having breast augmentation in the 1990s. Now, she has the confidence to flaunt her décolletage

Celebs aren't the only ones who can have killer cleavage. Here, top tips from Dr. Fisher

Breast augmentation is one of the worst-kept secrets in Hollywood. Tons of stars have implants, but very few actually admit it like Carmen Electra.



Real or fake

Stars are able to get implants under the radar, because the newest saline and silicone versions are so natural looking. Britney Spears, Halle Berry and Lindsay Lohan all have real breasts, but people still wonder, "Did she or didn't she,"

DO YOUR HOMEWORK

In choosing a good doctor:

- Find a happy patient who said, "I had a great experience." Look at her results and talk to her about the experience.
- Set up several consultations with the doctor to make sure there is a comfort zone. If the doctor promises things are going to be easy, or doesn't explain all of the risks, hightail it out of there.
- Preparation is key. Do some research (a good reference is *The Naked Truth About Plastic Surgery* DVD Volume 2; \$30, nakedtruth.com), and don't be afraid to ask a lot of questions.

the stars

because it's nearly impossible to detect really good fakes. However, if your idea of what looks natural differs from your doctor's, you won't be happy. Ask to see what he considers natural looking.

Common cents

The cheapest doctor is not necessarily the best deal, nor is the most expensive synonymous with the most qualified. Getting implants can cost anywhere from \$2,000-\$15,000, depending on the city and doctor. Research the local going rate, and never choose a doctor based solely on cost. When laying out a budget, account not only for the surgery, but also the very real possibility of complications, which can include deflation, infection, bleeding, development of scar tissue and deformity.

Plan for recovery

Schedule surgery around major events (no stars are getting implants right before the Oscars). Factor in at least a week to recover before returning to work and 4-6 weeks before going back to the gym. Make sure to consider recovery when planning an operation.



Dr. Fisher's *The Naked Truth About Plastic Surgery* DVD Volume 2

What to ask:

- How many breast surgeries do you perform a week?
- What technique do you use?
- Can I see pictures of what you consider natural?
- Can I see some of your before-and-after pictures?
- What is the recovery period?
- What are the related risks?

MOST
REQUESTED
BREASTS

Halle Berry

"People often come in and ask for Halle's breasts," says Dr. Fisher. "She gets a lot of attention for them"

Turn the page for more on breasts